



CULTURAL HUMILITY QUESTIONNAIRE

(FOR FAMILIES PARTICIPATING IN SEXUAL HEALTH EDUCATION FOR CHILDREN WITH AUTISM)

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Before we begin, I would like to acknowledge that sexual health education can feel like a sensitive or even uncomfortable topic for many families.

Our goal is to work in a way that **respects your family's values, beliefs, and comfort level**, while still supporting your child's right to accurate and safe information.

The questions below are meant to help us understand your **preferences** so we can create a respectful, effective, and supportive learning environment for you and your child.

There are **no right or wrong answers** – your honesty is appreciated and valued.

When it comes to sexual health education, who would you prefer to implement an invention with your student (you can select more than one):

Please rate your level of comfort with the discussion and use of such terms and visuals: *(1 = Very uncomfortable, 5 = Very comfortable)*

- Teacher: one on one
- Teacher: group lesson: mixed sexes
- Teacher: group lesson: separated sexes
- Mother
- Father
- Another primary caretaker (please explain.....)
- Therapist: one on one
- Therapist: group lesson: mixed sexes
- Therapist: group lesson: separated sexes

- Social stories, books given to student
- Other (please explain.....)

In your opinion, what are the most important goals of sexual health education for your child?

(You may select more than one.)

- Safety from abuse and harm
- Understanding body changes during puberty
- Developing appropriate social skills and boundaries
- Learning about healthy relationships
- Respecting cultural, religious, and family values
- Understanding reproduction and families
- Other (please explain: _____)

During the training and intervention, we may use visuals related to health topics such as body parts (e.g., penis, vagina) and behaviors (e.g., masturbation)

Please rate your level of comfort with the discussion and use of such terms and visuals: *(1 = Very uncomfortable, 5 = Very comfortable)*

1	2	3	4	5	5
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Do you have any specific preferences regarding the type of visuals used?

(For example: faceless illustrations, modest/veiled depictions, non-detailed drawings, etc.). Please specify:

Are there any important cultural, religious, or family values that you would like us to be aware of when planning your child's sexual health education?

(This could include values related to modesty, gender roles, or privacy.)

Please describe:

Thank you for taking the time to share your preferences and thoughts with us.

Please remember that you are welcome to update or add to your responses at any time.